

Embracing neurodiversity at work



**Neurodiversity
at Work**

Neurodivergent people (autistic people and those with other neurodifferences like ADHD or dyslexia) can experience challenges at work related to:

- stigma (65%)
- sensory issues (53%)
- timing (52%)
- communication (38%)*

As a colleague or manager, here's how you can help...



Small changes to make your working environment more neuroinclusive can benefit everyone, making for happier and more productive teams.

**FIND OUT
MORE**



* Ethical Reading's Neurodiversity in the workplace survey, 2025

ethicalreading.org.uk